



NBK Bangor Winter RT 26Dec15 – 03Jan16 Sea Bag List

QTY	Item Description	M/F	√
1	NSCC ID Card (must have, must be current) & Insurance Card	M/F	
1	Solid black backpack	M/F	
1	Sea-Bag (garment bag authorized too)	M/F	
1	Parka	M/F	
1	Parka Insert	M/F	
2	Working Uniform Top (NWU)	M/F	
2	Pairs Working Uniform Pants (NWU)	M/F	
2	Sets blousing straps/bands	M/F	
1	Black web belt with silver tip	M/F	
1	Silver belt buckle	M/F	
1	NWU Cover (or recruit ball cap if worn at home unit)	M/F	
1	Dress blue jumper w/NSCC flashes, rank, plastic name tag, ribbons (Winter Dress)	M	
1	Pair 13-button dress blue pants (Winter Dress)	M	
1	White Dixie-cup dress cover	M	
1	Neckerchief	M	
1	Dress blue jacket w/NSCC flashes, rank, plastic name tag, ribbons (Winter Dress)	F	
1	Pair dress blue pants (Winter Dress)	F	
1	White combination dress cover w/pin	F	
1	Neck tab	F	
1	Pair black, low-cut, plain, lace-up, leather dress shoes (no corframs)	M/F	
1	Pair black high-top work boots (no corframs)	M/F	
1	Pair athletic shoes/sneakers	M/F	
1	Pair shower shoes/flip flops	M/F	
2	Pair sweat pants/shirt	M/F	
2	Pair athletic shorts, solid color (doesn't need to be Navy PT gear, but preferred)	M/F	
2	Athletic shirts, solid color (doesn't need to be Navy PT gear, but preferred)	M/F	
1	Dark blue/black, one-piece swim suit	M/F	
4	White crew-neck undershirts (not for PT)	M/F	
6	Working Uniform Undershirts (Navy Blue)	M/F	
6	Pair underwear (preferably white)	M/F	
2	Athletic-style bras (preferably white)	F	
1	Plain white bra (for dress uniform)	F	
6	Pair black boot socks	M/F	
6	Pair white athletic socks	M/F	
1	Pillow & Sleeping Bag	M/F	
1	Water bottle, labeled with name	M/F	
1	Lock with 2 keys (2 nd key will be placed in service jacket by YOUR Admin Officer prior to departure)	M/F	
4	Black ballpoint pens	M/F	
1	Pocket notebook	M/F	
1	Shoe-shine kit	M/F	
1	Travel-size sewing kit	M/F	
2	Mesh laundry bags	M/F	
2	Towels (preferably white)	M/F	
2	Washcloths (preferably white)	M/F	

1	Hygiene kit (razor, shaving cream [non-aerosol], soap w/dish, toothpaste, toothbrush, shampoo, deodorant, sun screen [small, lotion-style only])	M/F	
1	Set navy blue long underwear	M/F	
1	Pair solid black work or leather gloves	M/F	
1	Black beanie/watch cap	M/F	
1	Beach Towel (as close to solid color as possible)	M/F	
1	\$10 bill (will be placed in service jacket with 2 nd key by YOUR Admin Officer prior to departure)	M/F	
1	Small flashlight (preferably pen-style)	M/F	
1	Tube Chap stick	M/F	
1	Prescribed Medication, in original container (copy of NSCADM01, pages 3 &4 required) [if applicable]	M/F	
1	Small hygiene kit with feminine hygiene products	F	
1	Completed Sea Bag list	M/F	
1	Service Jacket or Training Record	M/F	
1	Completed NBKTC001 (Cadet Development Plan, CDP)	M/F	

CONTRABAND LIST:

No products containing alcohol (mouth wash, acne medication, etc.)

Books or magazines (religious books, drill manuals, and bluejackets manuals are authorized)

Candy, gum, food, beverages, etc.

Federally/State controlled substances (alcohol, tobacco, etc.)

Nail polish

Electronics

Firearms, knives, any other weapon

Hair dryer

Jewelry (1 religious necklace authorized)

Matches, lighters

Over the counter medications